

Annual Review

2017



From the President and Chief Executive Officer



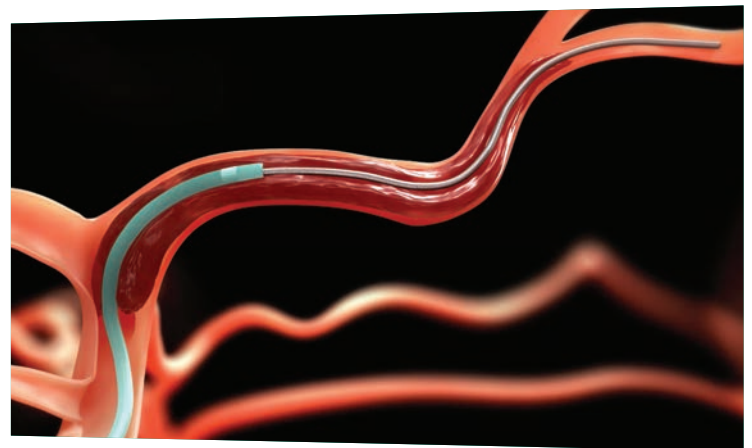
Together we can prevent stroke, save lives and enhance recovery. This year marked the final year of Stroke Foundation's 2013–2017 Strategic Plan. This plan built on our research origins and established the Stroke Foundation as the voice of stroke in Australia. With your support much has been achieved across the care continuum towards our vision of a world free from disability and suffering caused by stroke.

In 2017, significant gains were made. Australia's first Mobile Stroke Unit (Stroke Ambulance) was launched, as were the new Clinical Guidelines for Stroke Management at Parliament House in Canberra by the Federal Health Minister, Hon Greg Hunt MP and our Clinical Council Chair, A/Prof Bruce Campbell (pictured below).



We also published an updated *No Postcode Untouched* Report, highlighting the increased risk of stroke in our regional and rural communities and the inequity of access to time critical stroke treatments. Building on the success of our *My Stroke Journey* booklet, freely available in hospitals, through the generosity of our donors, we also launched an easy English version of this resource. Maintaining our focus in stroke prevention, we conducted the largest ever Australia's Biggest Blood Pressure Check with a record 63,211 free health checks conducted during the four week campaign.

We could not have achieved any of these key activities without you. Together, we stood alongside stroke survivors, their families, carers, health professionals and researchers. This Annual Report is a celebration of what we have achieved together, not only in 2017 but since the current strategic plan's inception in 2013. It also sets the scene for the future as we commence "Strategy 2022" our new five-year plan.



Much has been achieved since 2013. There have been enormous gains in time critical stroke treatments including access to clot busting therapy, a new clot removal procedure (illustrated above) has been introduced and the advent of the Stroke Ambulance. The number of stroke units across the country has increased to 95 (from 34 in the year 2000). More Australians than ever before are aware of their stroke risks thanks to almost 400,000 free health checks. Awareness of the signs of stroke (F.A.S.T.) is also higher thanks to a national advertising campaign in 2013/2014.

Yet the stroke challenge continues to loom large in Australia. Its burden on our community and health system is ever increasing, as our population ages and our lifestyle becomes more sedentary.

Stroke still kills more women than breast cancer, more men than prostate cancer and leaves thousands with ongoing disabilities. The number of strokes in Australia is on the increase.

State of stroke in Australia 2017

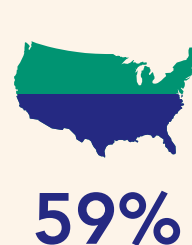


In 2017, someone has a stroke in Australia every 9 minutes

Use of thrombolysis increased



But thrombolysis given in hospital within 60 minutes lags internationally



There is now **one stroke every nine minutes** and there are an estimated 475,000 stroke survivors living in our communities. By 2050, without action, it is estimated there will be one stroke every four minutes in Australia and a million stroke survivors living in our communities. It is a dangerous trajectory that we can and must change. The good news is advancements in stroke treatment mean more Australians are surviving stroke than ever before. But now we ask what more can we do to prevent stroke, ensure consistent access to evidence-based treatment and enhance the recovery of stroke survivors?

Goal 1 	Fewer preventable strokes in Australia
Goal 2 	Ensure all Australians have access to evidence-based stroke treatment
Goal 3 	Enhance recovery to help Australians live well after stroke
Goal 4 	Champion research in stroke
Goal 5 	Grow our impact and manage our charity effectively and efficiently

The **2022 Strategic Plan** will build on the achievements of the past five years and move the organisation closer to achieving its vision. It sets out five clear strategic goals.

These goals are grounded in our mission to work across the continuum of stroke and champion research to find the next "game changer" in the fight against stroke. We have also evolved our mission from "stop stroke, save lives and end suffering" to "prevent stroke, save lives and enhance recovery".

The increased emphasis on recovery reflects the impact of new treatments and the need to support stroke survivors to live their best possible life after stroke. **Stroke is largely preventable**, it can be treated and research will help us beat it. Stroke Foundation's origins were in research. It has always been important to the organisation and we take great pride in the projects and the researchers we have supported with your help.



We invite you to join us on the next step of our journey to prevent, treat and beat stroke. Join us in celebrating the wins, tackling the challenges and standing alongside those who show courage and determination every day to reclaim their lives after stroke. We are confident with your support we can achieve our mission.

Finally, we would like to thank our supporters, Board members, staff and volunteers. We have achieved much together and are proud to be leading this innovative and passionate organisation on the next chapter of its journey.

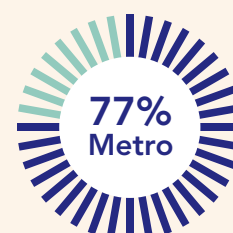
President
Professor James Angus AO

Chief Executive Officer
Sharon McGowan



Regional Australians are **19 percent** more likely to suffer a stroke than those in metropolitan areas.

Patients who received stroke unit care



are more likely to access the best treatment.

Prevent

More than 80 percent of strokes can be prevented. Too many Australians are at risk of stroke and other chronic diseases. Many of us are not aware of our risk and are therefore powerless to take control.

Central to Stroke Foundation's mission to prevent stroke, save lives and enhance recovery is encouraging more conversations around stroke and decreasing stroke incidence.

- › 26,300 community members received and shared vital stroke awareness and prevention messages via the **Stroke Foundation Facebook page** and other social media channels.
- › National Stroke Week took the F.A.S.T. (Face. Arms. Speech. Time.) message to more Australians than ever before with **3,445 events held around the country**. Through support from Medtronic, we were able to focus on regional and rural communities. Around 11.7 million Australians heard the Stroke Week message (many on more than one occasion) and the educational video was viewed 440,000 times on social media.
- › **1,600 community events** delivered by you, our supporters, increasing stroke awareness and raising funds for the work of the Stroke Foundation.

- › Australia's Biggest Blood Pressure Check delivered a record 63,211 free health checks around Australia and **we now have proof it works**. There were more than 300 health check stations in major shopping centres and Priceline Pharmacy supported by a 130-strong volunteer army. For the first time we conducted a follow-up survey one month after the health check. A total of 71 percent of people found to be at high risk of stroke at the time had either already been to or planned to visit their doctor.

- › **My Health for Life launched** in Queensland, providing free health checks and referrals into a lifestyle modification program. This project is funded by the Queensland Government and delivered by Stroke Foundation in partnership with an alliance of several organisations whose shared goal is to help Queenslanders achieve and enjoy the benefits of a healthy lifestyle.



- › In 2017, the Stroke Foundation received **4,053 media mentions** across television, print, radio and online mediums, taking vital stroke prevention and awareness messages to a cumulative reach of more than 150 million Australians (many on more than one occasion). Stroke Foundation partners with the media and the community, sharing the experiences of stroke survivors and their families, plus our work at a national, state and local level. As a charity, Stroke Foundation relies on free media to disseminate its messages to a national audience.



During 2017, the StrokeSafe Speaker program passed the milestone of 100,000 Australians who have been educated on stroke prevention. Commenced in 2011, the StrokeSafe Speaker program provides trained volunteer speakers to explain stroke and its prevention to community groups and workplaces. There are currently 140 volunteer speakers around Australia who have delivered over 3,600 presentations to 105,154 Australians since the program began.

Jimbo's Journey



63,211 free health checks delivered in Australia's Biggest Blood Pressure Check



71% of people with high stroke risk visited or planned to visit their doctor



3,445 events held nationally during National Stroke Week



National Stroke Week messages reach 5.6 million regional and rural Australians



Australians hearing a StrokeSafe talk passes 100,000



James 'Jimbo' Cartwright, SA

Volunteer StrokeSafe Speaker and stroke survivor

I had my stroke age 52. I was a heavy smoker and drinker.

The doorbell rang. I fell over trying to get to the door.

My friend recognised the signs straight away – my face had drooped.

After hospital, I spent the next six months in rehab, learning how to walk and talk again. It was a really difficult period.

One day I yawned and my arm moved. It gave me hope that I would recover. I started swimming and the day I got my driver's license back...that was a big day.

I've even returned to work part-time.

Now I've never felt healthier and I'm engaged to be married.

I love giving StrokeSafe talks in the community to raise stroke awareness. It's never too late to change.

"Life has many hurdles. You just need to learn how to jump!"

Treat

Stroke is a serious medical emergency, requiring urgent medical attention. With the right treatment at the right time, many people are able to recover from stroke. However, not all Australians have access to these vital treatments.

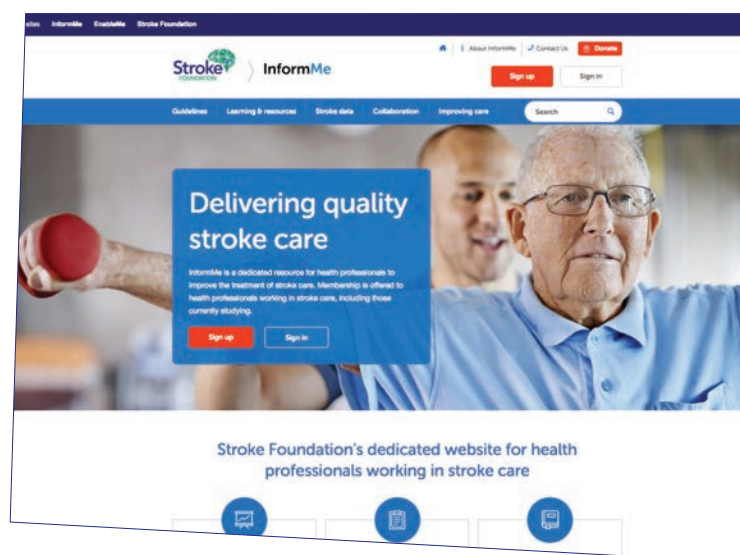
The Stroke Foundation is dedicated to empowering health professionals to deliver evidence-based treatment and care and to support the stroke community no matter where they are in their patient journey.

- › Australian stroke patients are set to receive the latest and **world's best stroke treatment** and care following the launch of the new *Clinical Guidelines for Stroke Management*. The guidelines were developed by the Stroke Foundation and endorsed by the National Health and Medical Research Council (NHMRC). The Stroke Foundation led a team of 99 health professionals reviewing almost 110,000 studies leading to 250 recommendations – from ambulance arrival, progressing through hospital, rehabilitation and the transition home.
- › The Guidelines made **endovascular thrombectomy treatment (clot removal) standard** for appropriate Australian stroke patients. This innovative stroke treatment and its lead investigators were beneficiaries of the Stroke Foundation Research and Innovation Fund.



- › Once again, The Stroke Foundation's National Audit of Acute Services provided a comprehensive snapshot of stroke treatment and care. In 2017, 127 hospitals admitting 31,952 acute stroke admissions participated. The **Audit revealed important improvements** in access to time critical treatment, however, ongoing inequalities in acute stroke care and services are costing lives and leaving thousands of Australians with unnecessary disability. Regional Australians were among those most impacted. The Audit provides a benchmark for clinicians, health administrators and government to improve on. The Audit is the cornerstone of our efforts to drive stroke quality improvement across the country.

- Australia's first Mobile Stroke Unit is now on the road. The Stroke Ambulance, **brings the hospital to the patient** when every minute counts. The Ambulance is fitted with the latest in technology in stroke diagnosis and time critical treatment. Support from more than 10,000 everyday Australians enabled Stroke Foundation to purchase the ambulance's specialist brain (CT) scanner. Now on the road in Melbourne, this innovative project is being delivered by the Royal Melbourne Hospital, Florey Institute of Neuroscience and Mental Health, Victorian Government, and the University of Melbourne working in partnership with Stroke Foundation and Ambulance Victoria. We will work to show the impact and successes of this treatment breakthrough to all Governments in Australia.
- A total of 6,922 stroke health professionals have subscribed to InformMe, our innovative online one-stop-shop developed to improve stroke treatment and care. It is fast becoming the **go-to online resource** for a wide range of stroke health professionals.

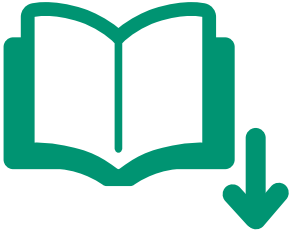


- Dedicated and passionate Western Australian Speech Pathologist Dr Erin Godecke was recognised as the **2017 Stroke Care Champion**. Awarded in partnership with the Stroke Society of Australasia, the award recognises formidable health professionals in the world for stroke. Dr Godecke is leading the way in Australia and internationally, working with stroke patients who have communication challenges post-stroke to improve treatments.

Skye's Journey



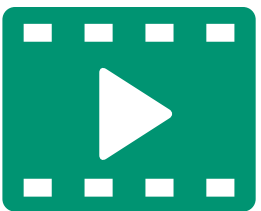
27,970 stroke survivors and families receive My Stroke Journey



48,345 page views of the new Clinical Guidelines for Stroke Management since September launch



6,922 health professionals join InformMe



6,869 stroke training modules completed by health professionals



10,374 Australians donate to build Australia's first Mobile Stroke Unit (Stroke Ambulance)



Skye Coote, VIC

Nurse, Australia's first Mobile Stroke Unit (Stroke Ambulance)

It was never my intention to work in stroke. I offered to help out for three months as an Acute Stroke Nurse until they could find someone permanent. That was eight years ago! It sounds totally corny, but I had found my passion.

I heard about the Mobile Stroke Units in Germany and thought they were an amazing concept. Then I heard Australia was campaigning for one and I knew I wanted to be part of it.

I undertook my Master of Nursing, completed two international stroke nursing courses, and I travelled to America to spend some time on the Memphis Mobile Stroke Unit to see it in action and its challenges.

It is fabulous working with such a dedicated team of professionals on the Mobile Stroke Unit – paramedics, radiographers, neurologists and nurses – all working together, in what can sometimes be a very difficult situation, to improve the outcomes of our patients.

It has been amazing. The project has been bigger and more complex than I had anticipated, but I have loved every challenge.

"We have already made such a difference to so many lives by treating patients on the Mobile Stroke Unit who otherwise would have arrived at hospital too late for treatment."

Year in review

AUSTRALIA'S
BIGGEST
BLOOD PRESSURE
CHECK

FREE HEALTH CHECK

health station

Australia's
Biggest Blood
Pressure Check

Mobile
Stroke
Unit (Stroke
Ambulance)
Launch



StrokeSafe
Speaker



Advocacy

Recognise
STROKE
Think F.A.S.T.

Stride
for
stroke





Stroke Week



Media



Stroke is no longer a death sentence for many, but for more than 475,000 stroke survivors and their families living in our community, its impact is far reaching.

Recovery from stroke is a journey that can literally last a lifetime. Stroke can impact anyone at any age and can leave its mark on every aspect of life. Financially, the cost of ongoing care, rehabilitation and equipment, the lost earnings, the emotional impact, and the social impact can be overwhelming. In addition, survivors along with their families and carers often live with the fear of recurrent stroke.

No family should be left to face this challenge on their own. With your help, we stand alongside stroke survivors and their families. Together, we support survivors on their journey to live well after stroke.

- › 3,202 New South Wales, Victorian and Queensland stroke survivors followed up by Stroke Foundation with **help and support on their transition home**. Follow-up services are funded with State Government and philanthropic support in these jurisdictions.
- › 3,027 stroke survivors, carers and their families had their **calls answered by StrokeLine in their hour of need** thanks to your support. StrokeLine's team of health professionals provided information, support and advice. StrokeLine is the only dedicated helpline for people affected by stroke in Australia.
- › 27,970 stroke survivors and their loved ones were provided with vital information and links with ongoing support by *My Stroke Journey*.
- › More of our most vulnerable stroke survivors were supported in their recovery, an **easy English version** of *My Stroke Journey* was developed.



- › 101,026 people have visited EnableMe, our free **online community and information resource** designed to provide support and advice to stroke survivors, their families and carers. We continue to develop and evolve this amazing resource in response to the needs of the community. With the support of Bupa Health Foundation, we introduced live chat, connecting our EnableMe community to advice and support from StrokeLine's health professionals.

Coming together to beat stroke – empowering the community to be heard

Drawing on evidence from researchers and the experience of people directly impacted by stroke, we look to influence public health policy. In 2017, we shared hundreds of compelling stories of stroke survivors and their loved ones with policy makers and influencers to bring about change for the better. There was significant **opportunity to inspire Government** at Federal and State levels to make additional investment to prevent, treat and beat stroke.

- **Minister for Health** the Hon Greg Hunt MP and **Shadow Minister for Health and Medicare** Catherine King MP joined Stroke Foundation in launching the *Clinical Guidelines for Stroke Management* at Parliament House. The Guidelines were updated with funding support from the Federal Government.
- Federal Parliament Press Gallery Mid-Winter Ball provided Stroke Foundation with a \$100,000 grant towards development of targeted stroke resources for Aboriginal and Torres Strait Islander communities.
- Stroke Foundation has continued to deliver key programs funded by the **Queensland** Government to support improved quality care by hospitals, and to provide stroke survivors and their families with follow-up support and advice post hospital discharge.
- **Western Australian** Government committed to expand the Joondalup Health Campus to include a six bed stroke unit plus to invest in medical research and innovation through the Future Health and Innovation (HRI) Fund.
- **Tasmanian** Health Minister the Hon Michael Ferguson MP launched Stroke Week in the state.
- **Australian Capital Territory** Government committed funding over four years for the Stroke Foundation to implement a follow-up service, as well as increasing the monitoring and quality improvement of stroke care.



Sophie's Journey



6,293 stroke survivors,
their carers and families
accessed Stroke Foundation
support services



101,026 visitors
to EnableMe



7,978 podcasts on
stroke recovery
downloaded



47,683 kilometres
were travelled in
Stride4stroke



Volunteers
contributed 10,982
hours of service



Sophie Clayton and her Mum Amanda, NSW

Sophie was four and playing with her cousin when she walked out holding her leg. She collapsed. I rushed to her and instantly recognised the signs of stroke.

It was touch and go initially, but the treatment and Sophie's fire-cracker spirit saw her leave hospital 10 days later chasing a balloon and her little brother Elliot. She hasn't slowed down since.

Sophie still has weakness on her right side, some speech issues and learning difficulties. To learn how to jump and hop again, we made her a tail and encouraged her to hop like a kangaroo.

There are days, like when we walked to the top of the Sydney Harbour Bridge, when she just inspires us.

We want other families to know that therapy can be fun and there is still plenty of living to be done after stroke.

"While her recovery has been difficult at times, Sophie wants to help other child stroke survivors by letting them know the journey takes time and patience, but you can also make it fun."

Research

Stroke is largely preventable and treatable. Research will help us beat it.

Over the past two decades, the major advances we have witnessed in the diagnosis and treatment of acute stroke have led to a significant reduction in lives lost. However, the impact of stroke remains far-reaching and life-changing for many.

There is still so much we don't know about the mysteries of the brain. Breakthroughs in stroke prevention, treatment and recovery are needed now more than ever.

Effective research takes time, perseverance and a great deal of funding. However, the rewards when those breakthroughs are made will benefit generations to come.

- › *No Postcode Untouched, Stroke in Australia 2017* report researched the **huge impact of stroke and its risk factors** in every Federal electorate around the country. From this report, we have better identified stroke hot spots and are working on targeted actions to improve outcomes for stroke patients across Australia.
- › National Stroke Audit of Acute Services showed targeted investment and coordination of services was **resulting in pockets of improved outcomes**, however other services, many of them located in regional areas were being left behind. The Audit – the only one of its kind in Australia – reviewed 127 hospitals and more than 30,000 hospital admissions during 12 months.

- › For the first time, Stroke Foundation presented public lectures sharing the **thinking from some of Australia and the world's leading minds in stroke**. Speakers included Stroke Foundation Clinical Council Chair, neurologist Associate Professor Bruce Campbell and rehabilitation expert Coralie English.



- › Since 2008 the Stroke Foundation Research and Innovation Fund has awarded almost **\$3 million in research grants** to more than 190 stroke researchers. Demand for our research grants has never been higher.
- › Seven new stroke research projects were kick-started and one new **Future Leader Grant** was awarded with your support. We also received a record number of applications for our \$50,000 Research Seed Grants which will be distributed in 2018.
- › Previous recipients of **Stroke Foundation's Research and Innovation Fund** took another step towards the next breakthrough in stroke, receiving National Health and Medical Research Funding including:
 - Dr Andrew Bivard; Translating science into treatment for ischemic stroke, through automated processing of imaging, \$431,000.
 - Dr Elizabeth Lynch; Investigating implementation of 2017 Stroke Clinical Guidelines in inpatient stroke rehabilitation, \$322,952.
 - Dr Nadine Andrew; Evaluation of enhanced models of primary care in the management of stroke and other chronic diseases, \$556,183.
 - A/Prof Gail Robinson; Early diagnosis and intervention for dementia, \$720,554.
 - A/Prof Christopher Etherton-Ber; Team Approach to Polypharmacy Evaluation and Reduction for General Practice patients with dementia: the Australian TAPERdem study, \$586,840.

Stroke Foundation and our donors are proud to have supported these clinicians and researchers on their career journey, to have provided them with the seed funding and support that may lead to the next innovation in stroke prevention, treatment and care.

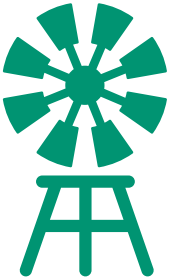
- › Increased stroke survivor insights by hosting a **Young Stroke Think Tank** in Queensland and playing a key role in the **Centre of Research Excellence Stroke Consumer Research Forum** in Melbourne.



Judith's Journey



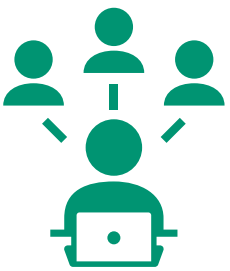
31,952 acute stroke hospital admissions reviewed in annual Audit



Regional health divide exposed in *No Postcode Untouched* report



Australia's first Mobile Stroke Unit (Stroke Ambulance) commences collecting data



32 research projects assisted with participant recruitment



\$32m Federal Government research funding for stroke announced



Dr Judith Katzenellenbogen, WA

The University of Western Australia

As an occupational therapist, I was always aware of the need for rehabilitation after stroke. As an epidemiologist, I was interested in evidence to inform policy so the two came together for my PhD.

My work comparing stroke in Aboriginal and non-Aboriginal Western Australians was the first estimate of differentials in stroke incidence between these groups, and laid the foundation of much of my subsequent research into Aboriginal cardiovascular disease.

Through a Stroke Foundation grant, I am investigating the risks and opportunities in implementing the first stroke and traumatic brain injury rehabilitation trial particularly designed for Aboriginal people.

It's part of a bigger NHMRC study that looks to improve the cultural security of rehabilitation services for Aboriginal patients with acquired brain injury through cultural training and specialist support staff.

I am also linking data across Australian jurisdictions and want to look more at links between heart disease and stroke risk particularly in young Aboriginal patients.

"I'm confident that rehabilitation programs tailored for Aboriginal stroke patients will make a huge difference to their recovery."

Financials

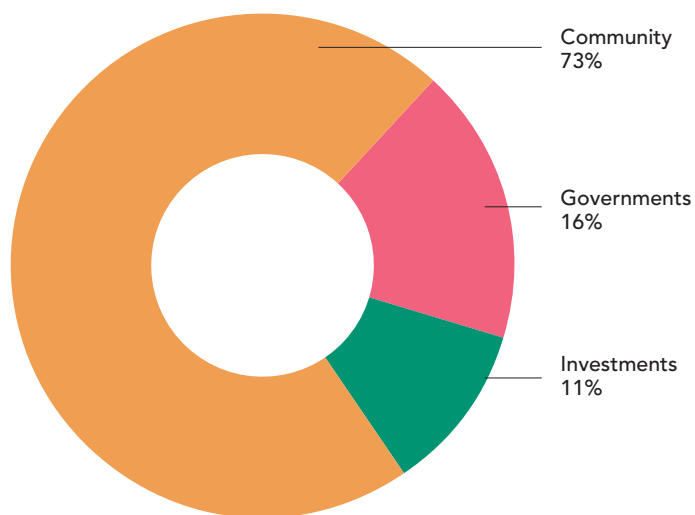
The Stroke Foundation reduced its deficit significantly in 2017, down to \$228,824 mainly by reducing costs and improving efficiency. Total income was \$13.2 million with growth in community and corporate giving offset by a decrease in government support and bequests.

Particular highlights include:

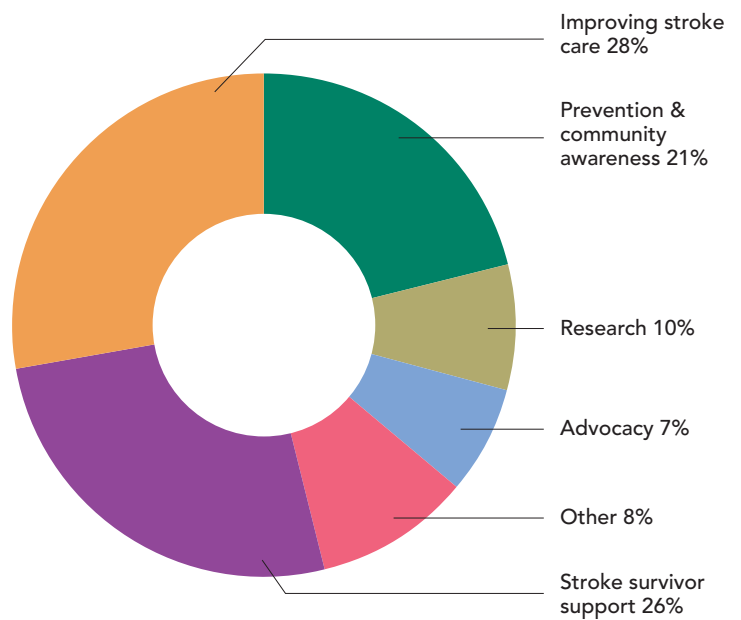
- › Efficiency savings through diligent cost management ensured core activity costs decreased 9% to \$11.7m.
- › Increased commitment to research to \$754,200, up from \$416,970 in 2016.
- › Effective management of the investment portfolio delivered an above market return.
- › Investment in a new donor acquisition strategy expected to attract more regular giving donors.

Whilst fundraising continues to be highly competitive, new revenue raising strategies are being developed and tested. It is expected future revenues will be sufficiently robust to fund an expansion of health programs and research over the next few years.

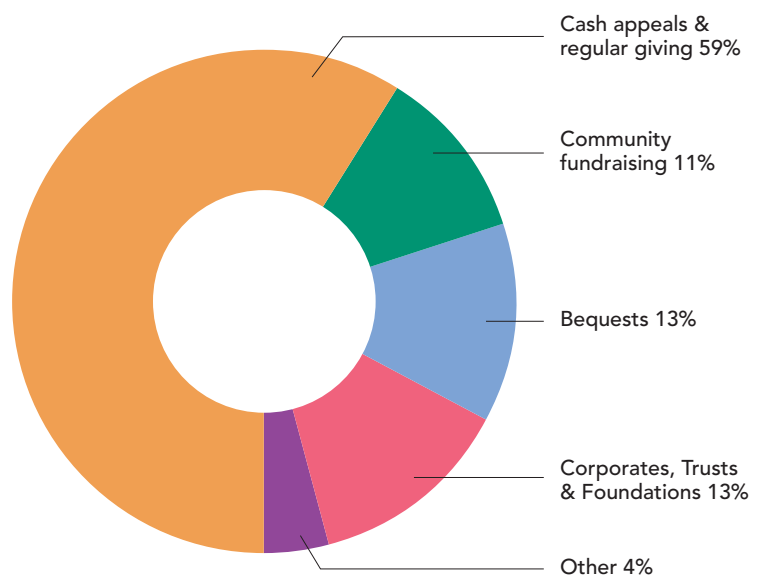
Sources of income 2017: \$13.2m



Program support 2017



Community income 2017: \$9.7m



View our full audited financial report at strokefoundation.org.au

Our people

As Australia's only national stroke charity, we are privileged to have many talented, passionate and generous supporters standing alongside us – and we are immensely grateful. Stroke Foundation could not be the voice of stroke in Australia without you. We thank you.

We thank our:

Patrons who inspire us.

Board who lead and guide us.

Clinical Council who share their medical expertise.

Research Advisory who ensure we remain evidence based.

Consumer Council who help ground our decisions through their lived experience of stroke.

Governments who partner with us to better health policy.

Health services who partner with us to make change.

Health professionals who give their time, expertise and commitment to quality stroke treatment and care.

Our staff who show their passion, commitment and compassion every day in delivering our vision (some pictured below).

Volunteers who give their time, energy and expertise.

Supporters who stand alongside us, stroke survivors and their families, health professionals and researchers.

Those impacted by stroke and their families who inspire us and drive us to make change.

We want to express our heartfelt thanks to you.

Thank you for joining with us to prevent, treat and beat stroke.

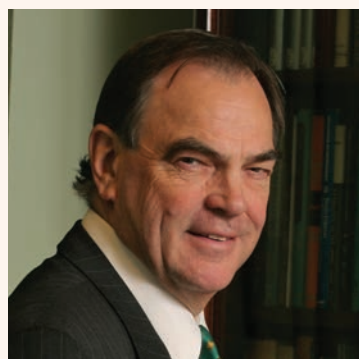


Almost 11,000 volunteer hours were provided by our generous supporters. Your support is crucial to the Stroke Foundation. This includes our Board, Clinical Council and Consumer Council who help guide our work, the StrokeSafe Speakers who deliver vital stroke awareness talks in the community, those who assist or host events, and support our workforce. We could not do it without you. Thank you.

Thank you to ALL our supporters



Patron-in-Chief
Governor General, His Excellency
General the Honorable
Sir Peter Cosgrove AK MC (Retd)



Patron
Mr David Brownbill AM



Patron
Sir Gustav Nossal AC CBE



Patron
Lady Marigold Southey AC

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Professor James Angus AO

Vice Presidents

Ms Christina Tonkin
(resigned September 2017)
Ms Irene Trethowan

Treasurer

Ms Rosemary Cummins
(resigned November 2017)
Mr Christopher Edwards
(appointed December 2017)

Directors

Associate Professor
Bruce Campbell
Ms Sally Bateman
Mr Colin Cowell
(resigned September 2017)
Ms Rosemary Cummins
(resigned November 2017)
Mr Christopher Edwards
Ms Jennifer Muller PSM
Ms Dawn Oldham
(retired April 2017)
Professor Amanda Thrift
Ms Christina Tonkin
(resigned September 2017)
Ms Irene Trethowan
Ms Karen Vernon
Mr Andrew Matthews
(appointed December 2017)

Clinical Council

Associate Professor
Bruce Campbell, Chair
Dr Timothy Ang
(appointed September 2017)
Ms Skye Coote
(appointed July 2017)

Associate Professor
Erin Godecke (appointed
July 2017)
Dr Rohan Grimley
Associate Professor Susan Hillier
Professor Tammy Hoffman
Associate Professor
Timothy Kleinig
Dr Annie McCluskey
(retired August 2017)
Professor Sandy Middleton
(retired August 2017)
Dr Claire Muller

Conjoint Associate Professor
Michael Pollack

Consumer Council

Ms Jennifer Muller PSM, Chair
Ms Karen Bayly
(retired April 2017)
Ms Lara Cole
(appointed June 2017)
Mr Colin Cowell, Co-Chair
(resigned September 2017)
Mr Michael Chamberlain
(January 2017)
Ms Julie Collins
Ms Julie Davey
(appointed June 2017)
Mr Kevin English
(appointed June 2017)
Mr Tony Finneran
(appointed June 2017)
Mr Richard Haley
Dr Eleanor Horton
(retired April 2017)
Ms Nadia Moffatt
Mr Adrian O'Malley
(retired April 2017)
Mr Tony Rolfe
(appointed December 2017)

Ms Rebecca Schmidt
(resigned October 2017)
We remember and acknowledge
Michael Chamberlain who sadly
passed away in 2017.

Finance, Investment and Risk Committee

Mr Christopher Edwards, Chair
(appointed Chair November
2017)
Ms Rosemary Cummins, Chair
(resigned November 2017)
Mr Peter Fekete
Mr Alan Lahiff
(appointed August 2017)
Ms Irene Trethowan
(retired December 2017)
Ms Karen Vernon
(appointed December 2017)
Mr Andrew Matthews
(appointed December 2017)

Company Secretary

Mr John Buchanan

Governance and Nominations Committee

Professor James Angus AO,
Chair (resigned as Chair
December 2017)
Ms Christina Tonkin
(resigned September 2017)
Ms Irene Trethowan, Chair
(appointed Chair December
2017)
Ms Karen Vernon
(resigned December 2017)
Ms Sally Bateman
(appointed December 2017)
Mr Christopher Edwards
(appointed December 2017)

Research Advisory Committee

Professor Amanda Thrift, Chair
Dr Nadine Andrew
(appointed June 2017)
Professor Julie Bernhardt
(retired November 2017)
Professor Ian Kneebone
(appointed June 2017)
Professor Richard Lindley
Ms Brenda Booth
Professor Simon Koblar
Dr Caleb Ferguson
Dr Emma Power

Auditors

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Professor Stephen Davis AM
Mr William Forrest AM
Mr Michael Hill
Professor Richard Larkins AO
Mr Paul Leeds
Conjoint Professor
Christopher Levi
Dr John Lill OAM
Professor Richard Lindley
Sir Gustav Nossal AC CBE
Lady Marigold Southey AC

Principle partners



The Ian Rollo Currie Charitable Trust

Major partners



Press Gallery
Mid Winter Ball

Gifts in Wills Supporters

John Adams
Elizabeth Barber
Leonard Bergemann
Nola Bren
Russell Brown
Robert Burden
Jens Christophersen
Samuel Courtney
Reginal Craig BEM
Lynette Davies
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Nathalie Kulakowski
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Zoe Richmond, Julie Winnacott of Team Do it for Dave
Fiona Quayle and the FAST Ball Committee

Groups

The Country Women's Association of Victoria
Gosnells and District Stroke Club of WA
Lien Hoa Buddhist Youth Associations and Long Hoa Buddhist Youth Association
Lions Club of Northcote

2017 Counterstroke Golf Classic Committee:

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Government

Department of Health (Federal)
Department of Health and Human Services – Tasmania
Queensland Health – Community Services Funding Branch
Queensland Government – Community Benefit Funds Unit,
Office of Liquor and Gaming Regulation
National Health & Medical Research Council

Health and charity partners

Diabetes Australia Queensland
Heart Foundation (Victoria)

2050:
1 million
stroke survivors

growing to
135,000
new strokes each year

+56,000
new strokes each year







2017:
stroke survivors =
475,000



Contact us

-  1300 194 196
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How to get more involved

-  **Give time** – become a volunteer.
-  **Raise funds** – donate or hold a fundraising event.
-  **Speak up** – join our advocacy team.
-  **Leave a lasting legacy** – include a gift in your Will.
-  **Know your numbers** – check your health regularly.
-  **Stay informed** – keep up-to-date and share our message.